

NRH is Helping Community to Think Green

Want to learn more about green living? Attend North Richland Hills' exciting new environmental education sessions at the NRH Recreation Center.

The Think Green NRH sessions will introduce several different concepts of green living that are easily implemented into daily lives and are relevant to all ages. Participants will not only improve their lifestyles, but also learn how to detox their homes and save money on water and electrical bills.

Classes are scheduled once a month on Saturdays from 1:00 p.m. to 3:00 p.m. Class descriptions and dates include:

- **April 19, Composting** - Backyard composting is easy and it's free. Plus you're reducing the amount of organic materials heading to the landfill and saving money, too! Ween yourself off synthetic fertilizers for good.
- **May 10, Xeriscaping (Natural Landscaping)** - Xeriscaping promotes planting perennials instead of annuals, reducing the use of fertilizers and pesticides, and conserving water. These will save you money and time, and give you a naturally sustainable garden in return.
- **June 21, Water Conservation** - Only three percent of all the world's water is fresh and only a third of that is available for human consumption. Flushing toilets, taking baths and showers, washing clothes and dishes, and watering lawns cut into our source for drinking

water. All of these are part of our daily lives, but we can conserve our water by implementing simple and usually inexpensive solutions. Includes information on drip irrigation, rain harvesting and native plants.

- **July 19, Home Energy Conservation/ Renewable Energy** - You hear it every day: Conserve energy! Using a conservation checklist and tip sheet will save you money on your energy bills in no time. Renewable Energy is one of the new environmental buzz phrases. Learn how to use the sun to recharge your cell phone, iPod or laptop, or simply switch to a renewable energy provider...we'll show you how.
- **August 9, Green Housekeeping** - Detox your home (and your family) by throwing out synthetic and hazardous cleaning supplies and switching to natural cleaners. Whether you buy them at the store or make them yourself, green is the way to go. Rid your home of the toxins that are contained in cleaners for toilet bowls, countertops, tub and tile...even laundry! The alternatives are plentiful and usually inexpensive.

Think Green NRH sessions are \$10 each for adults and FREE for children 18 and under. Pre-registration is preferred. Registration is available online at www.nrhtx.com or visit the NRH Recreation Center at 6720 NE Loop 820. If you would like information, please call 817-427-6600.

Welcome New Businesses

- Mattress Firm Operating LTD** (Retail Store)
8253 Bedford-Eules Road, 817-581-0003
- Leapin Lizards** (Entertainment)
7601 Boulevard 26 #121, 817-427-2789
- Advantage Autoworks** (Auto Repair)
6432 Davis Boulevard, 817-788-8660
- Rosalio Padron Lawn Service** (Landscaping)
4023 Flory Street, 817-800-6562
- North Texas Tree Service** (Landscaping)
6710 Glenview Drive, 817-832-3333
- A Brighter Child Academy** (Childcare)
6800 Glenview Drive, 817-595-0149
- Janet L. Hallman Ph.D** (Psychotherapy)
9288 Huntington Square #100, 817-201-4977
- Hax Technologies** (Signal Manufacturing)
8204 Northeast Parkway #101, 817-514-0755
- Rise & Dine** (Restaurant)
6021 Walker Boulevard, 817-485-1818

The City of North Richland Hills encourages you to support local businesses. Shop NRH first!

Enjoy the Sounds of Spring Every Friday Night at NRH₂O

The 2008 Sounds of Spring Concert Series is taking place every Friday night through May 9th on the grounds of NRH₂O. This year's series includes:

- April 4, Texas Gypsies - 30's and 40's Western Swing;
- April 11, Reality Bites - Favorite songs from the 80's;
- April 18, Songs of Sinatra - Sinatra tribute band;
- April 25, He Wears Black - Covering the songs of Johnny Cash;
- May 2, Petty Theft - Tom Petty and the Heartbreakers tribute band;
- May 9, Brave Combo - Nuclear Polka.

Concerts start at 7:00 p.m. and admission is FREE. Fireworks will follow the shows on April 4 and May 9.

We invite you to learn more about the 2008 Sounds of Spring artists on our website, www.soundsnrh.com, where you can find artist's biographies, sample songs, and more. If you have questions or would like additional information, please contact Cultural Arts Coordinator Lori Newman at 817-427-6620.

Garage Sale Info Online

Looking for a great bargain, but don't know where to start? Go to www.nrhtx.com for a list of registered garage sales in the City of North Richland Hills.

The list is available 24 hours a day, 7 days a week and is updated as new garage sale permits are issued. To view the list, simply log onto www.nrhtx.com, go to the Online Services tab on the left side of the home page and select Garage Sale Permits.

Residents are allowed one garage sale at their home every six months. The garage sale cannot be more than two days. Garage sale permits may be obtained online or at the Planning & Inspections Department at City Hall, 7301 N.E. Loop 820. The permit costs \$6. For more information, please visit www.nrhtx.com or call 817-427-6300.

Did You Know?

The City of North Richland Hills has ordinances in place regarding door-to-door sales.

A person who is selling items door-to-door must obtain a solicitors permit from the City of North Richland Hills and wear a city-issued identification card. The identification card will clearly identify the vendor by name and clearly identify the base or parent organization he/she is representing.

Vendors who go door-to-door to leave flyers and advertisements are not required to obtain a permit from the City, provided they simply leave information and do not knock on doors or ring doorbells.

No person shall go from house to house or from place to place soliciting, selling or peddling between the hours of sunset and sunrise. No person shall stand or walk on any street or highway for the purpose of soliciting funds or for advertising or selling merchandise or services. No person shall sell from a parking lot.

Remember to always ask people who come to your door to identify themselves before you open the door. If you see or hear something suspicious in your neighborhood, please contact North Richland Hills Police. You should give the police dispatcher as much information as possible, such as the description of the person or vehicle, a vehicle license plate number if it is safe to obtain, as well as direction of travel the person or vehicle was last seen traveling.

Spring Forward Into Wellness!

What better time than spring to re-energize your fitness and wellness plan into action! The NRH Recreation Center has a variety of ways to help you move forward into fitness. Try a fun Group Fitness class for only \$5, recommit with gifting yourself a fitness center membership. NRH resident rates are only \$75 for one year from date of purchase. Need a little help getting back on track? Let our certified personal trainers get you started on the right foot. Many other health and wellness programs and services abound this spring at the NRH Recreation Center.

Attention college students - great summer membership options are available while you are home to keep you fit!

Contact us today to learn more! Visit www.nrhtx.com or call 817-427-6600. Come on...let's get healthy!

Upcoming Events

Demo Day at Iron Horse Golf Course

Iron Horse Golf Course invites all area golfers to their Demo Day on **April 26**. Major manufacturers with the latest and greatest toys in the golf world will be at Iron Horse between 10 a.m. and 3 p.m. Stop by to see what Callaway Golf, Nike Golf, Ping Golf, Taylormade Golf, Bridgestone Golf, and Mizuno USA Golf have to offer. Golfers will have the opportunity to visit with Iron Horse Golf Professionals and equipment factory reps, and to demo the newest equipment. There will also be food, drinks and fun. If you are unable to join us on this special day, stop by anytime to see all the great things Iron Horse has to offer. The golf course, located at 6200 Skylark Circle, is open 7 days a week. For more information, please call 817-485-6666.

CPR Classes

Learn CPR and save a life! The NRH Fire Department is offering CPR classes at the Fire Administration Training Room, 7202 Dick Fisher Drive. The cost is \$25 for the general public and \$35 for Healthcare Providers. The class is American Heart Association approved and participants will receive an AHA Certification Card. Upcoming classes are scheduled on **April 18** from 1 to 5 p.m., **May 21** from 6 to 10 p.m. and **June 14** from 1 to 5 p.m. To sign up or get more details, call 817-427-6900.

Companies in Action presented by HealthMarkets

Companies in Action is a fun-filled program offering local companies and businesses the opportunity to compete against one another for awards and bragging rights. Several Companies in Action events are held throughout the year. Upcoming events include bowling on **April 19** and a 5k Run/Fun Walk on **May 10**. No company is too large or too small to participate. For more details, please contact Bob Hagin at 817-427-6600.

Generation Next Art Exhibit

The Generation Next Art Exhibit will be on display at the NRH Recreation Center upstairs in the Assembly Room from **Friday, May 16 through Friday, May 23**. The exhibit will be comprised of works by Birdville ISD Advanced Placement High School Art Students and Art Faculty. The Recreation Center is located at 6720 N.E. Loop 820. For more information, call 817-427-6620.

Memorial Day Holiday

City Hall and other non-emergency City offices will be closed on **Monday, May 26**, in observance of the Memorial Day Holiday. The City's trash and recycling collection schedule will not change for the holiday. The normal Monday collections will be made on Memorial Day by Duncan Disposal.