



PHASE 1 REOPENING ACCESS:

ACCESS TO NRH CENTRE
MEMBERSHIP CARD HOLDERS ONLY
NO DROP-IN DAY PASSES SOLD
NO DROP OFF OF CHILDREN
AGES 13 & UNDER

ALL AREAS SUBJECT TO CAPACITY RESTRICTIONS

PHASE 1 REOPENING HOURS:

MONDAY - FRIDAY.....5AM - 7PM
SATURDAY.....7AM - 6PM
SUNDAY.....10AM - 6PM

*MEMORIAL DAY HOURS:
MONDAY, MAY 25.....5AM - 5PM

AQUATICS FITNESS SWIM ONLY:

(No Splash Swim or Recreation Open Swim during Phase 1)

MON-FRI.....5:30am-9AM & 11:15AM-4:45PM
SATURDAY.....7:15AM – 12:15PM
SUNDAY.....10:15AM – 2:15PM

*AQUATICS MEMORIAL DAY HOURS:
MONDAY, MAY 25.....5:30AM-9AM and 11:15AM-4:45PM



817-427-6600•NRHCENTRE.COM

THIS IS A TEAM EFFORT! WELCOME TO THE TEAM! PLAY WELL, STAY WELL!

- ✓ STAY 6 FEET AWAY FROM OTHERS
- ✓ NO SHOWERS or LOCKERS AVAILABLE
- ✓ MUST CHECK-IN AT THE RECEPTION DESK
- ✓ PLEASE WEAR MASKS WHILE AT THE RECEPTION DESK
- ✓ RECOMMENDED THAT MEMBERS WEAR THEIR OWN GLOVES COVERING FINGERTIPS to WRIST per Governor Abbot's executive order
- ✓ LIMIT YOUR WORKOUT TO ONE HOUR OR LESS
- ✓ FOLLOW ALL GUIDELINES & POSTED SIGNS
- ✓ BRING YOUR OWN WATER BOTTLE
- NO GROUP FITNESS CLASSES • NO KIDS CLUB
- BRING YOUR OWN BASKETBALL/PICKLEBALL PADDLES

While every effort is being made to ensure a safe and clean environment, patrons should use caution.
There is no guarantee of protection from COVID-19/illnesses.

The NRH Centre has adjusted operating hours and capacity guidelines to meet the protocols put in place by the Governor's Open Texas executive order. The NRH Centre will operate at up to 25% of capacity and keep locker rooms and showers closed.

The following guidelines are in place for the safety of our patrons and staff:

Service Area	OPEN	QTY	CLOSED
Aquatic Center (no interactive features)	✓	13	—
Aquatics Party Room A	—	—	✗
Aquatics Party Room B	—	—	✗
Casual Seating/Lobby	—	—	✗
Concessions & Water for purchase	✓	—	—
Day Passes/Drop In Sales	—	—	✗
Kids Club	—	—	✗
Fitness Area (gloves recommended)	✓	72	—
2 nd Floor Fitness Area (gloves recommended)	✓	23	—
Group Fitness Classes	—	—	✗
Gym Parties	—	—	✗
Gym Shoot Around Bball (max 4 per court)	✓	30	—
Gym Open Pickleball (max 4 per court)	✓	—	—
Learn to Swim Classes (private only)	✓	—	—
Locker Rooms	—	—	✗
Massage Therapy	—	—	✗
Personal Training (private only)	✓	—	—
Silver Sneakers Classes	—	—	✗
Single Restrooms	✓	—	—
Spa	—	—	✗
Sports Leagues	—	—	✗
Water Fountains (bring your own water)	—	—	✗
Walking Track	✓	12	—
Youth Programs	—	—	✗
Total Capacity		150	